

**BASIC SCIENCE SHORT COURSE
TIMETABLE
BS00710
JOHANNESBURG**

REGISTRATION AND PACK COLLECTION

08:30 - 09:30
JCE @ A134

VENUE ABBREVIATIONS AND ADDRESS DETAILS

- 1 JCE @ A134
JCE Campus (Squash Courts)
27 St Andrews Road, Parktown
- 2 Body Language (BL)
Lumley House, 177 Jan Smuts Avenue, Parktown North
3. Planet Fitness Rosebank (PFR)
The Rosebank Mall
Cnr Bath and Baker Street, Rosebank
4. Reebok Education (Pty) Ltd
9 Cambridge Avenue, Craighall Park
Telephone: (011) 325 4636
5. TBC (To be confirmed)

1. Reebok Education reserves the right to change the facilitators, lecture topics and venues.
2. It is the learner's responsibility to note venues and times.

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DATE	START TIME	END TIME	LECTURE DESCRIPTION	VENUE	FACILITATOR
31-Jul-10	10:00	12:00	Physical activity, health & wellness	JCE @ A134	Marianna
31-Jul-10	12:30	14:30	Introduction to the human body	JCE @ A134	Marianna
03-Aug-10	19:30	21:30	Anatomy 1	BODY LANGUAG	Jonathan
05-Aug-10	19:30	21:30	Anatomy 2	BODY LANGUAG	Jonathan
07-Aug-10	10:00	12:00	Physiology 1	JCE @ A134	Rae
07-Aug-10	12:30	14:30	Physiology 2	JCE @ A134	Rae
10-Aug-10	19:30	21:30	Introduction to injuries 1	JCE @ A134	Rika
12-Aug-10	19:30	21:30	Introduction to injuries 2	JCE @ A134	Rika
14-Aug-10	10:00	12:00	Physiology 3	JCE @ A134	Rae
14-Aug-10	12:30	14:30	General Nutrition	JCE @ A134	Pippa
17-Aug-10	19:30	21:30	Weight Loss/ Modern Diet	JCE @ A134	Pippa
19-Aug-10	19:30	21:30	Sports Nutrition and Supplements	JCE @ A134	Pippa
21-Aug-10	10:00	12:00	Student syndicated sessions 1	PFR	Rika
21-Aug-10	12:30	14:30	Student syndicated sessions 2	PFR	Rika
24-Aug-10	19:30	21:30	Basic Programme Design & exercise prescription	JCE @ A134	Sean
26-Aug-10	19:30	20:30	Basic Science online brief	PFR	Admin